

# ACCOUNTABILITY WHEEL

*All of Life to the Glory of God*

God designed us for abundant life according to His good design. <sup>John 10:10</sup> In the words of John Piper, “God is most glorified in us when we are most satisfied in Him.” This accountability wheel is a tool to help us grow in Christlikeness. To fill this out, simply trace the circle where you are within each category on a scale of 0 (struggling) to 10 (flourishing). On the back of this page, you will find references to Scripture that help to define each of these categories biblically.

## QUESTIONS

1. This month, I want to grow in: \_\_\_\_\_

\_\_\_\_\_

2. What does this look like in practical terms?

\_\_\_\_\_

\_\_\_\_\_

3. What are my two highest areas (on the wheel)?

\_\_\_\_\_

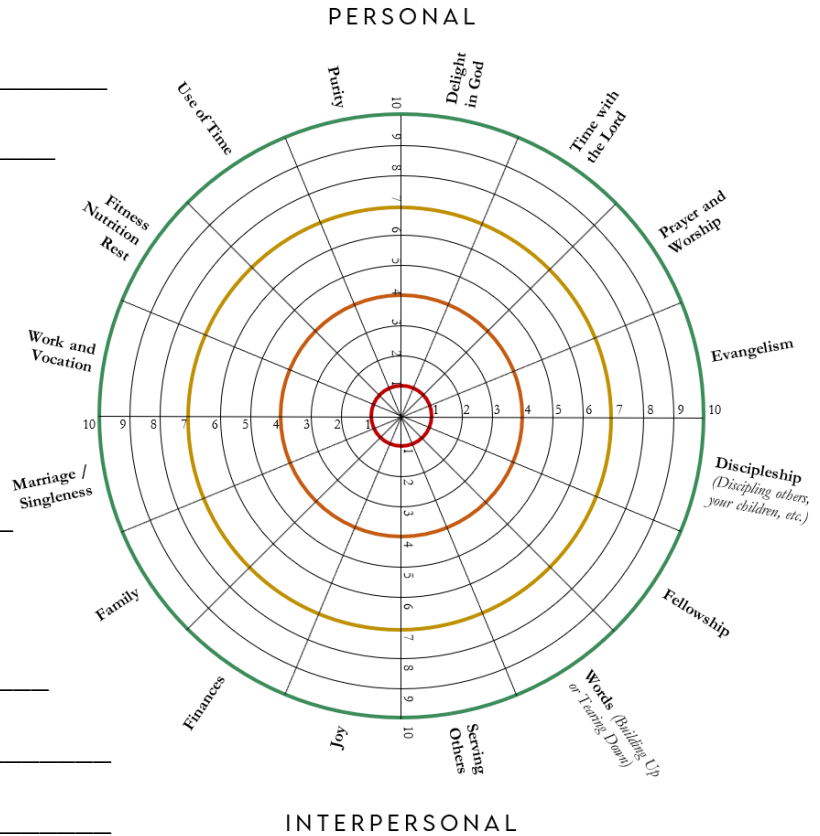
4. What are my two lowest areas (on the wheel)? What practical steps can I take to grow in these two areas?

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5. *For discussion only.* Have I compromised God’s good design for marriage in any way (e.g., masturbation, pornography, inappropriate thoughts, desires, fantasies, etc.)? Have I interacted with anyone in a way that could be viewed as compromising? Is there any area where my interactions have lacked honesty or integrity?

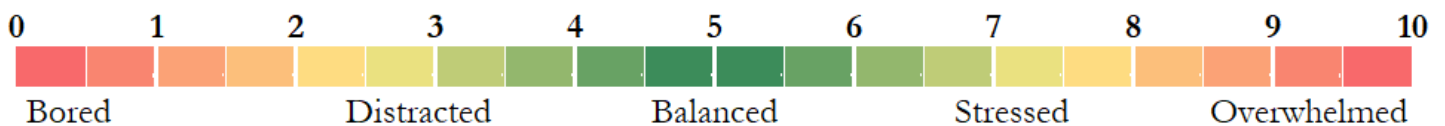
6. Where am I struggling to trust the Lord (e.g., anger, anxiety, bitterness, covetousness/idolatry, discouragement, impatience, joylessness, laziness, lust, misplaced shame, perfectionism, pride, selfishness, etc.)?

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7. What is my single greatest prayer need right now (be as specific and succinct as possible)?

\_\_\_\_\_

**BANDWIDTH** *Shade in the box where you feel like you’ve been on average.*



## **BIBLE REFERENCES FOR EACH AREA**

1. **Delight in God:** Psalm 37:4-5; Matthew 13:44; Luke 6:38; John 15:1-11
2. **Time with the Lord:** Psalm Mark 1:35-37; Luke 5:16; Romans 1; 12:1-2
3. **Prayer and Worship:** Matthew 6:5-8; Philippians 4:6-7; Psalm 95:1-6; John 4:24; Romans 12:1-2; Colossians 3:16-17; Hebrews 13:15
4. **Evangelism:** Jeremiah 20:9; Matthew 28:18-20; John 15:16-17; 1 Peter 2:9; Romans 10:14-17; 2 Corinthians 5:18-21
5. **Discipleship:** Matthew 28:16-20; Luke 9:23-24; Colossians 1:28-29; 2 Timothy 2:1-2
6. **Fellowship:** John 13:34-35; Acts 2:42-47; Hebrews 10:24-25
7. **Words:** Luke 6:45; Ephesians 4:15, 29; 1 Thessalonians 5:11; James 3:5-12
8. **Serving Others:** Mark 10:45; Philippians 2:3-11
9. **Purity:** Matthew 5:8, 27; 1 Thessalonians 4:3-5; 1 Timothy 4:12; Romans 13:14
10. **Use of Time:** Psalm 90:12; Ephesians 6:15-16 | **Rest:** Psalm 23:1-2; Psalm 62:1; Psalm 129; Matthew 11:28-30; Hebrews 4:9-10
11. **Fitness and Nutrition:** Romans 12:1-2; 1 Timothy 4:8
12. **Work/Vocation:** Genesis 2:15; Psalm 90:17; Colossians 3:23-24; 2 Timothy 2:6
13. **Marriage:** 1 Corinthians 13; Ephesians 5:22-27; Colossians 3:18; 1 Peter 3:7; Hebrews 13:4
14. **Family:** Proverbs 22:6; Psalm 128:3; Psalm 127:4-5; Deuteronomy 6:4-9; Ephesians 3:14-15
15. **Finances:** Proverbs 3:9-10; Matthew 6:24-25; Luke 16:9; 1 Timothy 6:7-10; Luke 12:19-21
16. **Joy:** Ecclesiastes 2:24; Psalm 16:11; Nehemiah 8:10; John 10:10; 15:10-11; Romans 15:13; Galatians 5:22-23